

## 南充市高2024届高考适应性考试（三诊）

### 英语试题

本试卷分为试题卷和答题卡两部分，其中试题卷共12页，答题卡共2页。满分150分，考试时间120分钟。

#### 注意事项：

1. 答题前，考生务必将自己的姓名、准考证号填写在答题卡上。
2. 选出每小题答案后，用铅笔把答题卡上对应题目的答案标号涂黑。如需改动，用橡皮擦干净后，再选涂其他答案标号。不能答在本试卷上，否则无效。
3. 考试结束后将答题卡收回。

#### 第一部分 听力(共两节，满分30分)

回答听力部分时，先将答案标在试卷上。录音内容结束后，你将有两分钟的时间将你的答案转涂到答题卡上。

##### 第一节 (共5小题；每小题1.5分，满分7.5分)

听下面5段对话。每段对话后有一个小题，从题中所给的A、B、C三个选项中选出最佳选项，并标在试卷的相应位置。听完每段对话后，你都有10秒钟的时间来回答有关小题和阅读下一小题。每段对话仅读一遍。

例：How much is the shirt?

- A. £19.15.      B. £9.18.      C. £9.15.

答案是C。

1. What is Anne doing right now?

- A. Watching TV.      B. Doing her homework.      C. Listening to music.

2. How far is the best hotel?

- A. About eight kilometers.      B. About five kilometers.      C. About three kilometers.

3. Why did the man leave his previous job?

- A. The pay wasn't good.      B. It kept him busy every day.      C. There was no room for development.

B. It kept him busy every day.

C. There was no room for development.

4. Where are the speakers?

- A. In a cafe.      B. In a supermarket.      C. In the man's house.

5. What is Debbie like?

- A. She's tall.      B. She has short hair.      C. She has dark hair.

第二节 (共 15 小题; 每小题 1.5 分, 满分 22.5 分)

听下面 5 段对话或独白。每段对话或独白后有几个小题, 从题中所给的 A、B、C 三个选项中选出最佳选项。听每段对话或独白前, 你将有时间阅读各个小题, 每小题 5 秒钟; 听完后, 各小题将给出 5 秒钟的作答时间。每段对话或独白读两遍。

听第 6 段材料, 回答第 6、7 题。

6. What is the probable relationship between the two speakers?

- A. Husband and wife.      B. Shop owner and customer.      C. Employer and employee.

7. What does the man advise the woman to do?

- A. Choose a clever dog.  
B. Think carefully before buying.  
C. Keep a dog for a few days.

听第 7 段材料, 回答第 8 至 9 题。

8. What are the speakers talking about?

- A. Where to hold a party.  
B. When to organize activities.  
C. How to spend New Year's Eve.

9. What do we know about the speakers?

- A. They went to a square last New Year's Eve.  
B. They want to buy an expensive wallet.  
C. They will hold a party at a hotel.

听第 8 段材料, 回答第 10 至 12 题。

10. How long is the man's flight?

- A. Two hours.      B. Three hours.      C. Four hours.

11. What kind of ticket does the man buy?

- A. First class.      B. Business class.      C. Economy class.

12. How will the man pay for the tickets?

- A. By credit card.      B. By check.      C. In cash.

听第 9 段材料，回答第 13 至 16 题。

13. Where did the woman grow up?  
A. In Australia.      B. In Japan.      C. In America.
14. What might be a problem for the woman?  
A. Understanding the local language.  
B. Talking with her workmates.  
C. Correcting her accent.
15. How often do the club members have a meeting?  
A. Twice a month.      B. Once a week.      C. Twice a week.
16. What does the club mainly help its members to do?  
A. Communicate with natives.  
B. Enjoy themselves together.  
C. Learn about life abroad.

听第 10 段材料，回答第 17 至 20 题。

17. What is the purpose of the test for the students?  
A. To test their English ability.  
B. To divide them into small groups.  
C. To get them prepared for the new school.
18. What does the speaker ask the students to take?  
A. A piece of paper.      B. A book.      C. A pen.
19. Where will the students meet in groups?  
A. In the library.      B. In the computer lab.      C. In the meeting room.
20. What will the students do this afternoon?  
A. Meet roommates.      B. Go on a campus tour.      C. Join the swimming club.

## 第二部分 阅读理解（共两节，满分 40 分）

### 第一节（共 15 小题；每小题 2 分，满分 30 分）

阅读下列短文，从每题所给的四个选项(A、B、C 和 D)中选出最佳选项，并在答题卡上将该选项涂黑。

A

#### Amazing Castles in Spain: Four of the Best

##### The Alcázar of Segovia

Fans of old Disney movies will know what Snow White's castle looks like. But did you know

that it's said to be based on a real castle in Spain — the Alcázar of Segovia? This castle is almost the shape of the front of a ship — built on a rock between two rivers. First used by the Romans, its location made it a very difficult place to attack. It's one of thousands of amazing castles in Spain.

### Bellver Castle

Many people visit Mallorca for its bars and beaches, but if you're on this island, take a trip to Bellver Castle, just outside the main city of Palma. This 14th century castle is known for the large ring at its center, something that is unusual in European castles. People can also walk around the top of the central ring, which offers views of the castle below, as well as over the town and out to sea.

### The Alhambra

One of the most popular places in the country to visit, Granada's Alhambra is a fortress (堡垒) built by the North Africans who ruled Spain for more than seven centuries. Visitors love the palaces inside known as the Palacios Nazaries, with their beautiful wooden ceilings. Travel website Lonely Planet says these palaces are the most beautiful Islamic buildings in Europe.

### Coca Castle

From far away, this castle in central Spain looks a little like a wedding cake — if wedding cakes were brown-brick and in the Gothic style. This castle isn't on the top of a hill but on flat land — it was protected instead by a deep moat (护城河). It's not too difficult to get to by car from Madrid, the Spanish capital.

21. What can people do in Bellver Castle?

- A. Watch old Disney movies.
- B. Enjoy the wooden ceilings inside.
- C. Have a good time on the beaches.
- D. Walk around a large ring to enjoy views.

22. What do The Alcázar of Segovia and Coca Castle have in common?

- A. They were built by the Romans.
- B. They were made of brown brick.
- C. They have distinctive appearance.
- D. They are on the top of mountain.

23. Who will most probably be interested in the passage?

- A. Those who like to surf the Internet.
- B. Those who intend to take boat trips.
- C. Those who are keen on natural landscape.
- D. Those who plan to visit different buildings.

## B

Isabel Allende, born in 1942 in Peru, is a Chilean-American writer. When she was a young girl, her father Tomas was appointed to work in Chile, causing them to move from Peru to Chile. During the 1960s, she began work in television journalism and eventually became a television hostess. From 1969 to 1973, she was an editor of a children's magazine.

Allende is the author of over twenty books which have been translated into numerous languages and sold over 65 million copies. In addition to writing novels, she has also penned short fiction, plays and stories for children. A letter to her sick, elderly grandfather became the manuscript of her first novel. She rose to prominence in Latin American literature after the success of this novel. Allende's own experiences from Chile have filled much of her writing through the years, and her book *Paula* is a memoir of her childhood and youth in Chile and her departure from that country.

Allende has been a highly influential voice in Latin American literature, often providing an important female perspective on the world. Allende's writing style combines realistic writing with surprising elements of magic. Her work is sometimes compared to the work of Gabriel Marquez, a famous Colombian novelist known for his work in the magical realist style — "magical realism". However, her voice is also considered distinct with a style that combines concern for the inner, personal lives of her characters with their physical and social environments.

Two of Allende's works have been adapted for feature films. She has won many awards, including the Dorothy and Lilian Gish Prize, which is given to whoever has contributed to the beauty of the world and to our understanding of it. Although she has an international reputation for writing, she states she doesn't consider her books her greatest achievement, but her family and her time devoted to assisting others to be more vital.

24. Why did Allende move to Chile?

- A. To live with her father.
- B. To obtain more job offers.
- C. To look after her grandfather.
- D. To get more writing materials.

25. Which is closest in meaning to "rose to prominence" in Paragraph 2?

- A. Became famous.
- B. Gained wealth.
- C. Remained unknown.
- D. Changed a profession.

26. What can we learn about Allende's works?

- A. The topics basically focus on women's world.
- B. The materials come from her experience as a TV hostess.
- C. The writing style can be considered as "magical realism".
- D. The content mainly highlights private lives of the characters.

27. What does Allende consider to be more meaningful?

- A. Winning many awards.
- B. Spending her time helping others.
- C. Earning an international fame.
- D. Adapting two works for feature films.

## C

I turned 65 this February, a big milestone. The last 12 months has indeed been a time of profound thinking for me, but not for the reasons you may think.

Recently our culture has started to acknowledge that a perfect woman image is totally unrealistic. I suppose there are a small minority of women born with incredible genes. But for most of us, short of starving ourselves, having plastic surgery, or airbrushing our photos, perfection is an unattainable goal.

I applaud many celebrity women who have come forward recently and said, "Hey, you see that picture of me on the magazine cover. This is what I really looked like before specialized hair and makeup and the magic of Photoshop." I am so happy that our daughters and granddaughters are being raised with a much more realistic concept of what beauty is.

Being a woman of a certain age, that old message of feminine (女性的) perfection took hold long ago and has been hard to shake. My legs, waist and stomach are bigger than the charts say they should be. I would avoid looking for too long in the mirror. A swimsuit always required a cover-up to be worn over it. I had been very successfully taught to be ashamed of my imperfect body.

However, after a pretty serious health issue last year, I started to have a different feeling about my body. This body has given me two incredible children and endured too many surgeries. My belly, back, feet and knees are marked with countless scars but finally I see what they truly are — my battle scars. My extra pounds are the result of countless dinners I have made and enjoyed with those I love. My scars remind me of all the talented and kind doctors and nurses who have looked after me.

My body has allowed me a wonderful life thus far. I thought my body was not ideal, but now I thank it for being a source of strength, endurance and pleasure. At 65, I finally realize it is truly beautiful.

28. Why did the author mention celebrity women in Paragraph 3?

- A. To show perfection is difficult for celebrities to achieve.
- B. To indicate the concept of beauty is becoming more realistic.
- C. To suggest only a minority of women are born with incredible genes.
- D. To prove a perfect body image requires a strict diet and much exercise.

29. What does Paragraph 4 mainly talk about?

- A. The body parts that the author felt unsatisfied with.
- B. The body image that a woman should keep at a certain age.

- C. The tricks that the author used to avoid facing her imperfect body.
- D. The effect that the traditional feminine perfection had on the author.
30. What made the author feel different about her body?
- A. A severe health problem.
- B. The impact of celebrity women.
- C. The social concept of beauty.
- D. Encouragement from her family.
31. What is the author's main purpose in writing the article?
- A. To tell us what a perfect woman image should be.
- B. To express her gratitude to the doctors and nurses.
- C. To share her understanding of beauty after going through a lot.
- D. To compare the beauty standards between the past and the present.

## D

Mountain lions are not commonly thought of as animals that swim well. But at least for one adventurous cat, that couldn't be further from the truth. A new study recorded a young male mountain lion paddling (划水) two-thirds of a mile from the mainland of Washington State to an uninhabited island in Puget Sound. The GPS-collared mountain lion, known as Nolan, took a winding path through the suburbs of Olympia, and along the coast, before taking to the sea.

The researchers also combed through historical records and found evidence of mountain lions inhabiting an additional four islands outside of the range of this youngster's swim, all of over a mile from shore or the nearest island. This suggests the animals can swim even farther at times, perhaps close to a mile and a quarter. Young male mountain lions often undertake difficult and long journeys in search of new territory, as was the case for Nolan.

"We're redefining the mountain lion in our minds as an animal that can swim and is willing to swim," says study co-author Mark Elbroch. "Water shouldn't be seen as a barrier to movement to any large animal." In Brazil's Pantanal, mountain lions regularly swim in the vast wetland during the wet season. In 2010, Elbroch and his colleagues documented a tagged cat repeatedly swimming across a large lake in Chilean Patagonia to eat domestic sheep on an island, swimming 0.6 miles at a time.

Since mountain lion numbers are much lower than they once were and the animals avoid people, behaviors like swimming remain underappreciated, experts say.

National Geographic Explorer Audra Huffmeyer agrees. While she wasn't surprised that mountain lions can island-hop in the Salish Sea, "the distances covered are incredible... the capacity of large mountain lions to get to extreme habitats is pretty amazing".

Nolan's journey and all the data collected will help land managers understand where mountain lions travel, and help identify corridors (走廊) that need to be protected, says Jim Williams, a biologist. And the Olympic Peninsula certainly needs such guidance and protection, as its mountain lions have the lowest genetic diversity of any in the area, records show.

32. Why did Nolan swim long distances?

- A. To seek its partners.
- B. To reach a new habitat.
- C. To hide from humans.
- D. To adapt to the wet climate.

33. How does the author support the underlined statement in Paragraph 3?

- A. By presenting the research record.
- B. By providing numerous data.
- C. By describing the study process.
- D. By quoting experts' opinions.

34. What does Huffmeyer think of mountain lions' swimming ability?

- A. Common.
- B. Limited.
- C. Unbelievable.
- D. Changeable.

35. What does the author intend to show in the last paragraph?

- A. The advice on protecting mountain lions.
- B. The threats mountain lions meet along their routes.
- C. The corridors where mountain lions choose to travel.
- D. The significance of the findings about mountain lions.

第二节 (共 5 小题; 每小题 2 分, 满分 10 分)

根据短文内容, 从短文后的选项中选出能填入空白处的最佳选项。选项中有两项为多余选项。

### How to Improve Your EQ

Emotional quotient (EQ) consists of self-awareness, self-control, self-motivation, empathy, and social skills. These help you manage your stress levels and communicate effectively with people. Here are some helpful tips to increase your EQ.

#### Pay attention to your body

36. Our emotions and bodies are not separate, and they affect each other deeply. You can raise your EQ by learning how to read physical cues that clue you into what emotions you're feeling. This essentially raises your self-awareness.

#### Learn to manage your emotions

Once you're able to recognize your own emotions, it's important to work on regulating and controlling them. 37. Or take a pause in the middle of a conflict or argument to avoid any impulsive emotional reactions.

Self-control is one of the five major components of EQ, and willpower is key to self-control. You can enhance willpower by resisting short-term temptation and satisfaction in order to focus on long-term goals.

#### Build your empathy

Empathy involves being able to recognize how other people are feeling and share in their emotions. 39. Developing empathy is sure to increase your EQ and improve your relationships with others.

#### Put yourself out there socially

Get out of your comfort zone and make an effort to be more social, which can help you practice and improve your social skills. It can be scary to step outside your comfort zone, but increased social connection can have a positive impact on your life. 40.

- A. Work on your willpower
- B. Use self-motivation to boost self-control
- C. It's the ability to put yourself in another person's shoes
- D. This will help you practice the skill of identifying your feelings
- E. Start listening to the physical conditions of your emotions, instead of ignoring them
- F. You can do deep breathing exercises to calm anxiety in emotionally-charged situations
- G. Social connection also leads to better emotional and physical health and promotes well-being

### 第三部分 语言知识运用(共两节, 满分 45 分)

#### 第一节 完形填空 (共 20 小题; 每小题 1.5 分, 满分 30 分)

阅读下面短文, 从短文后各题所给的四个选项 (A、B、C 和 D) 中, 选出可以填入空白处的最佳选项, 并在答题上将该项涂黑。

Love has no borders when it comes to children's birthday wishes. Zack Winton was 41 in his farm near the border between the US and Mexico when he came across a 42 site. A red balloon was caught in the grass and a note was 43 to it.

On it was written one word—Myra—44 inside, was a numbered list of things, which was a list of birthday gifts she 45. Zack guessed that the balloon had been 46 from the neighbour city, Nogales, in Mexico. As a soon-to-be grandfather, he 47 hoped he could do something for Myra.

He 48 the information on the Internet hoping to see if anyone would respond to it but drew a 49 there. With Myra's birthday drawing near and time running out, Zack got in touch with the local radio station in Nogales, which then played the information out 50. Within 24 hours, the radio station 51 Zack back.

With the radio station 52 for the two to meet the next morning, Zack took the day off from work, rushed to a 53, and bought the items on the list—clothes, art supplies, and a doll—and some 54 stuff as well after finding that Myra had a 4-year-old sister.

Zack and his wife packaged all the 55, drove across the border and arrived at the radio station, carrying presents for two 56 girls. The couple watched the young children happily 57 the gifts. Myra's parents thanked them for their amazing act of 58.

Although there is a 20-foot wall at the border which 59 the two cities, Zack and his wife prove that when it comes to a child having her birthday wishes 60, love has no borders.

- |                     |               |                |              |
|---------------------|---------------|----------------|--------------|
| 41. A. waiting      | B. wandering  | C. camping     | D. chasing   |
| 42. A. beautiful    | B. steep      | C. curious     | D. familiar  |
| 43. A. attached     | B. connected  | C. applied     | D. committed |
| 44. A. once         | B. while      | C. although    | D. if        |
| 45. A. obtained     | B. meant      | C. shaped      | D. desired   |
| 46. A. bought       | B. provided   | C. ordered     | D. sent      |
| 47. A. passively    | B. casually   | C. desperately | D. rarely    |
| 48. A. posted       | B. added      | C. updated     | D. removed   |
| 49. A. case         | B. voice      | C. notice      | D. blank     |
| 50. A. on air       | B. on earth   | C. on water    | D. on fire   |
| 51. A. invited      | B. welcomed   | C. called      | D. followed  |
| 52. A. arranging    | B. preparing  | C. searching   | D. hoping    |
| 53. A. farm         | B. border     | C. store       | D. station   |
| 54. A. expensive    | B. helpful    | C. new         | D. extra     |
| 55. A. lists        | B. supplies   | C. gifts       | D. balloons  |
| 56. A. disappointed | B. thrilled   | C. embarrassed | D. moved     |
| 57. A. tear off     | B. shake down | C. turn over   | D. knock on  |
| 58. A. bravery      | B. gentleness | C. kindness    | D. will      |
| 59. A. extends      | B. separates  | C. builds      | D. completes |
| 60. A. afforded     | B. identified | C. challenged  | D. fulfilled |

## 第二节 语法填空 (共 10 小题: 每小题 1.5 分, 满分 15 分)

阅读下面短文, 在空白处填入 1 个适当的单词或括号内单词的正确形式。

As night falls, the sound of drums fills the air as an 8-meter fish-shaped lantern swims through the streets of Wangmantian village, Huangshan, in East China's Anhui province.

Within the crowd, Wang Lijun — a 27-year-old villager who serves 61 the “head fish” — leads the procession, sometimes cheering on those behind her. Traditionally 62 (hold) by respected elders, the position of “head fish” has attracted younger participants to take on the role 63 (voluntary).

Every year between 64 13th and 16th of the first month of the Chinese lunar calendar, villagers hold fish-shaped lantern 65 (parade). In old times, the mountain village, 66 (consist) of a lot of wooden structures, faced the risk of frequent fires. Therefore, villagers used to gather to parade with fish-shaped lanterns, 67 symbolic meaning is “water overcoming fire”.

With a history of over 600 years, the fish-shaped lantern 68 (recognize) as a provincial-level intangible cultural heritage in 2022. Villagers in Wangmantian have established 69 (profession) fish lantern performance teams. These teams have gone to cities such as Shanghai and Nanjing, Jiangsu province 70 (give) performances.

As fish-shaped lanterns continue to benefit local tourism and related industries, the future looks brighter than ever.

## 第四部分 写作 (共两节, 满分 35 分)

### 第一节 短文改错(共 10 小题: 每小题 1 分, 满分 10 分)

假定英语课上老师要求同桌之间交换修改作文, 请你修改你同桌写的以下作文。文中共有 10 处语言错误, 每句中最多有两处。每处错误仅涉及一个单词的增加、删除或修改。

增加: 在缺词处加个漏字符号(∧), 并在其下面写出该加的词。

删除: 把多余的词用斜线(\) 划掉。

修改: 在错的词下划一横线, 并在该词下面写出修改后的词。

注意:

1. 每处错误及其修改均仅限一词;
2. 只允许修改 10 处, 多者(从第 11 处起)不计分。

How I became a good table tennis player is still freshly in my mind. The first day I went to high school, I find some of my classmates playing table tennis. Amazing at how skillful they were, I made up my mind to master the skills. Luckily, I had a few opportunity to watch my classmates' games and practise with them. However, I found difficult to challenge some good players in my class.

Despite it, I kept practised until I became one of the best. As a result, I were even selected to represent our school in some matches. I take great pride of this experience. It not only makes me to realize that I can achieve my potential through hard work, but lets me understand that the proverb "Practice makes perfect" means.

## 第二节 书面表达（满分 25 分）

为提升学生时间管理能力，你校将举办主题为“Time Management”的英语演讲比赛，请你结合自身经历，写一篇英语演讲稿参赛，内容包括：

1. 时间管理的重要性；
2. 有效管理时间的措施；
3. 提出呼吁。

注意：1. 词数 100 左右。开头和结尾已给出，不计入总词数；

2. 可以适当增加细节，以使行文流畅；

3. 不得出现真实的人名或地名。

Good morning, everyone. I'm honored to stand here to talk to you on "Time Management".

Thank you for listening.