

2026 届高三年级 9 月份联考

英语参考答案及解析

第一部分 听力

Text 1

W: Oh, dear! I wish we had taken the lift.

M: If I had known it was so far up, I wouldn't have suggested walking.

Text 2

W: Aren't you cold? Why aren't you wearing a jacket?

M: I overslept this morning, so I ran out of the house without listening to the forecast.

Text 3

W: I'm going to order the cheeseburger with the fries. They look great on the menu.

M: I guess that's the end of your diet. I'll have the steak with potatoes, anyway.

Text 4

W: How many children have you got?

M: Two — John's five and Clara's four, and there's another one on the way.

Text 5

W: Please tell me about your work experience.

M: Well, I'm currently engaged in accounting work at Smith, where I handle our top-performing clients. But two years ago, I worked at an agency where I was on three different major national healthcare brands.

Text 6

M: You look like you've been hit by a burst of energy. What's this secret?

W: I just got back from my morning jog. It's like a hidden treasure for me. I feel supercharged.

M: Jogging? But it's freezing outside.

W: I've got this cool new collection of music that keeps me energetic. Plus, I've got my running companions.

M: Running companions, huh? Maybe I should. No more being a couch potato!

W: That's the spirit. You'll love it. Let's hit the road together. Sometime.

M: You got yourself a deal.

Text 7

M: Hi, Anna. Do you have a minute to talk about the meeting next Tuesday?

W: Sure. We said 11 a.m., didn't we?

M: Yeah, we did. But I have a bit of a problem with the time. Would it be possible to move it?

W: Oh, I see. We could postpone it to 1 p.m., for example. Or bring it forward to earlier in the morning. What would suit you?

M: Could we make it 9 o'clock? That would really help me. I have another important meeting in the central office at 12 p.m.

W: No problem. It's important that you're there.

M: Thanks a lot, Anna.

W: Do you need help with any preparation?

M: No, that's all fine. My report is ready and I'm looking forward to presenting it.

W: Great.

M: I can tell Steven about the time change. I'll see him later.

W: Don't worry about telling Steven. I'll send an e-mail to everyone to confirm the time has changed and with an updated meeting invite.

M: Great. Thanks, Anna.

Text 8

W: I noticed the photos in your living room. Did you take them yourself?

M: Yes, I took them during my trip to the mountains last summer.

W: They're so beautiful! Have you ever learned photography?

M: No, it's just a hobby. I enjoy taking photos during trips, whenever I go to beaches, mountains or cities. But I've been practicing editing photos a lot lately to improve their quality.

W: What do you enjoy most about photography?

M: I like documenting natural moments — people walking, birds flying — things that feel real.

W: That sounds good. What do you use to take photos?

M: I started with my phone, but then I changed my equipment. I bought a DSLR camera to take better pictures.

W: I'd love to learn photography. Any advice?

M: Practice as much as you can and don't be afraid to experiment. Mistakes are part of the process, and you'll learn a lot from them.

W: That's helpful. Should I take a course too?

M: It depends. You can definitely learn online or by joining a local club, but I think starting with hands-on practice is the best way to gain confidence before worrying about advanced techniques.

Text 9

M: Today I'm talking to a student, who changed her major from math to journalism. How did you get started?

W: The turning point came when I participated in a school event that required attendees to film and edit a short video centered on life. When I was filming a video, I acted on my ideas right away. That made me feel satisfied and confirmed my love for this work.

M: How is it going after you changed your major?

W: I often questioned whether I was truly suited for the media industry. "Would my love for it last once it became my job?" This was a growing concern for me.

M: So how do you manage the situation?

W: I worked for a month at a local media company. I worked as a journalist.

M: Are there any unforgettable experiences?

W: Yes. One of the most memorable interviews was with a 12-year-old girl. She surprised the audience with a piano performance, which I thought would make a good news story. Unfortunately, since the performance wasn't included in the program guide, I didn't prepare fully. The girl was also nervous during the first conversation, and due to the rushed timing, I wasn't able to collect enough content.

M: That sounds terrible.

W: Yes. But this experience taught me the importance of thorough preparation.

M: I'm truly grateful to you for bringing this to our audience.

Text 10

M: Hello, everyone. Nowadays more and more people start a podcast channel. There are around 30 million podcast episodes out there, so making sure that your podcast draws in your listeners is more important than ever. Having engaging content throughout each show is essential. Studies have shown that podcasts lose 28 percent of listeners on average in the first five minutes, which is about 10 percent higher than the drop-off rate for the midsection of the episode. A great podcast opening should show new listeners who you are, what your podcast is about, and why they should listen. But, at the same time, it needs to engage your existing audience. The best podcast openings are unique to each episode and include a preview of later content. They often include special music or sound effects. Many also have some Call-To-Action remarks, such as "Follow us for daily tips and inspiration!" This could be encouraging listeners to follow you on the podcast platform.

1 ~ 5 CACBB

6 ~ 10 BAACB

11 ~ 15 AACBC

16 ~ 20 AACBC

第二部分 阅读

第一节

A

【语篇导读】本文是一篇应用文。文章主要介绍了如何收养一只狗。

21. D 【解析】细节理解题。根据第二段"This is concerning, but a pet insurance is an option."可知,保险是帮助负担狗的开支的一种选择。故选 D。

22. A 【解析】细节理解题。根据第三段"Assess your situation and look for a perfect companion who will fit in."可知,选择合适的品种要依据个人的情况而定。故选 A。

23. C 【解析】推理判断题。根据文章标题以及第四段"Ask the shelter for recommendations"可知,这篇文章应该是来自动物收容所相关的网站。故选 C。

B

【语篇导读】本文是一篇记叙文。文章主要讲述了 Emma 患上了“惊恐症 (panic attacks)”，通过“陶艺疗法”逐渐找到了自我,恢复了正常生活。

24. A 【解析】细节理解题。根据第一段"The psychologist had suggested pottery class to calm her panic attacks"可知,治疗师建议陶艺治疗惊恐症。故选 A。

25. C 【解析】推理判断题。根据第二段"quit the school orchestra (管弦乐队), avoided friends ..."被妈妈患癌击垮、第三段"The first month was disastrous ... Waking in tears, Emma returned to the studio at dawn ..."、第四段"Breakthrough came unexpectedly ..."以及最后一段"Soon, Emma's works became healing tools for hospital patients ..."可推知,Emma 的成长轨迹体现了她是有决心的。故选 C。

26. D 【解析】推理判断题。根据最后一段"Its tiny piano played the music they'd composed together"可知,音乐盒融合了母女曾经共创的旋律,通过艺术重建情感联结。故选 D。

27. D 【解析】主旨大意题。根据第四段"You've grasped kintsugi (金缮工艺), the art of accepting imperfections!"以及最后一段"proving that brokenness could give birth to new beauty"可知,全文通过陶艺修

复隐喻,体现了“接纳不完美实现自我疗愈”的核心主题。故选 D。

C

【语篇导读】本文是一篇议论文。文章主要讨论了通过误导来产生的欺骗可能产生信任危机,并提出了一些切实有效的方式。

28. B 【解析】词义猜测题。根据第一段作者的亲身经历和第二段的论述可知, the shared signals 就是人们所共同遵循或者认可的一些理念。故选 B。

29. A 【解析】推理判断题。根据第三段,作者分别列举了布谷鸟和人类如何实施欺骗的行为,因此作者提及布谷鸟就是为了例证自然界中的欺骗行为。故选 A。

30. D 【解析】细节理解题。根据第五段“What we need is a mechanism for determining reliability: Whether people or places can be trusted to do what we expect of them.”可知,我们需要一种确定可靠性的机制:判断人或场所是否值得信任,能否按我们的预期行事。由此可知,我们需要一个机制来保证可信赖性。故选 D。

31. A 【解析】主旨大意题。根据全文综合判断,作者在文章开头提及的卫生等级造假引发的信任危机,从而扩展开来谈论欺骗行为对信任的危害,以及最后提出了维持信任的关键,因此整篇文章都是围绕着信任的消退来谈的。故选 A。

D

【语篇导读】本文是一篇说明文。文章通过对蜜蜂的数学能力的研究,颠覆了传统对智力的认知。蜜蜂不足百万的神经元展现出惊人的计算效率。这一发现不仅重新定义了动物智力,还为人工智能的优化提供了生

物启发。

32. D 【解析】细节理解题。根据第二段可知,科学家通过 Y 型迷宫训练蜜蜂:入口处展示特定数量图形,让蜜蜂选择与展示数量相同的路径,选对时给予糖奖励。故选 D。

33. C 【解析】推理判断题。根据第三段“This showed they weren't just remembering pictures, but actually performing a thinking process with numbers.”可知,小脑容量生物也能进行复杂计算,挑战了传统智力认知标准,为人工智能发展提供新思路。故选 C。

34. B 【解析】推理判断题。最后一段“they use highly efficient pathways ... However, their success with arithmetic ... points to a surprisingly complex mini-mind. This efficiency offers useful ideas for artificial intelligence”体现了作者对蜜蜂数学计算能力的正面评价。故选 B。

35. D 【解析】推理判断题。根据第一段“suggests basic number abilities might be common in the animal kingdom”、第二、三段的实验证据:蜜蜂等小脑生物展现数量认知和运算能力神经机制以及最后一段的跨物种证明:以蜜蜂为例,暗示其他生物可能具备类似能力。故选 D。

第二节

【语篇导读】本文是一篇记叙文。文章主要讲述了陌生人之间的温暖互动与生命无常的深刻主题,最终在黎明时分的悲剧性结局中引发读者对人性与价值的思考。

36. B 【解析】前文描述老人艰难地提着购物袋,后文写“我”主动帮忙提袋子,因此此处应填入一个过渡句,体现“我”从注意到老人到决定帮助的过程。B

项符合逻辑,描述心理活动。故选 B。

37. D 【解析】后文提到老人塞给“我”一件冰冷的东西(银怀表),并说“For your kindness”,因此 37 空应为老人赠送物品时的直接引语。故选 D。

38. F 【解析】后文详细描述怀表的精美外观,又结合前句“froze”,F 项既承接上文,又引出下文具体描写。故选 F。

39. E 【解析】前文提到怀表的高昂价值,后文写决定归还,E 项强调此刻的心理活动,为下文行动做铺垫。故选 E。

40. A 【解析】前文提到“我”知道“我”需要做什么了,后文提到邻居告知老人去世,此处表明了“我”急急忙忙到了老人的住处。故选 A。

第三部分 语言运用

第一节

【语篇导读】本文是一篇记叙文。文章主要讲述了“我”教来自贫困家庭的 Lily 学习绘画,用爱心和善意发掘了她的绘画天赋的故事。

41. C 【解析】nervously holding 符合紧张状态,与“sketchbook”搭配,符合场景描述。故选 C。

42. A 【解析】worn 与第一句“poor girl”呼应。故选 A。

43. C 【解析】结合后文“a brush towards her”可知,此处表达递画笔的场景。故选 C。

44. D 【解析】结合后文的“built up like spring flowers. She practiced paintings 45 under the morning sun ... a breathtaking painting ... Her cheeks turned red with pride”可知,这里表达 Lily 画画的自信心与日俱增。故选 D。

45. C 【解析】devotedly 意为“全心全意地”,体现了 Lily 进步的原因。故选 C。

46. B 【解析】结合上下文语境,此处表达作者看到“a breathtaking painting of ocean waves at sunset”的惊讶之情。故选 B。

47. D 【解析】结合前文“On the exhibition day, Lily was delighted”可知,此处表达展览时的场景。故选 D。

48. A 【解析】结合前文 Lily 画的是水彩画可知,这里突出她绘画用色精妙,似乎是带着情感舞蹈。故选 A。

49. B 【解析】结合下文“as they hugged her, I realized Lily was warmly loved”可知,这里体现 Lily 发自内心的快乐。故选 B。

50. C 【解析】结合该句可知,这里表达 Lily 感谢作者引导帮助她通过艺术表达自己。故选 C。

51. D 【解析】结合下文“about her full art scholarship”可知,大学证书与奖学金一同寄来符合常理。故选 D。

52. D 【解析】结合本句话可知,真诚的善意唤醒潜在的才华,符合故事发展脉络。故选 D。

53. B 【解析】结合下文“patient sunlight, sufficient air and considerate care, they'll be 54 to be what we dare to dream about”可知,这句话用比喻的手法表达了教育孩子的理念:每个孩子都像一颗种子,只要给予耐心的阳光、充足的空气和细致的照料,他们就能被激励,成长为我们敢于期待的样子。故选 B。

54. A 【解析】根据 53 题的解析,motivated 符合全文逻辑线。故选 A。

55. A 【解析】用“证明”引出本篇文章阐述的道理。故选 A。

第二节

【语篇导读】本文是一篇新闻报道。法国女孩 Clarisse Le Guernic 初到上海时因害羞而养成特殊习惯，却由此逐渐融入当地文化，最终创立 Arcade Experiences 公司。文章以她的个人经历为线索，展现跨文化适应如何激发创业灵感，并强调她对上海历史文化的深度挖掘与创新传播。文章生动刻画了她从胆怯到自信的转变，以及她对城市探索的执着与热情。

56. stuck 【解析】根据时间状语“in 2015”和上下文描述她过去的习惯可知，空处需用过去式。故填 stuck。

57. how 【解析】realizing 后接从句，此处需用“how + adj.”结构强调程度，表示“意识到本地联系是多么重要”。故填 how。

58. a 【解析】此处表示“一家总部在上海的公司”，需用不定冠词 a 表泛指。故填 a。

59. overlooked 【解析】空处修饰名词 corners，需用过去分词表被动，表示“被忽视的角落”。故填 overlooked。

60. repeatedly 【解析】空处需用副词修饰动词“craf-
ted”。故填 repeatedly。

61. have been walked 【解析】“over the past five years”
为现在完成时标志，且 routes 与 walk 之间为被动关系，且主语 More than 30 original routes 为复数，表示“30 多条路线被走过”。故填 have been walked。

62. her 【解析】句中 her doing extensive research 是动名词复合结构。故填 her。

63. to 【解析】approach to doing 为固定搭配，意为“做某事的方法”。故填 to。

64. participation 【解析】boost 为动词，后需接名词作宾

语，表示“提升参与度”。故填 participation。

65. to explore 【解析】“There be + n. + for sb. to do”为固定结构，空处需填不定式 to explore 修饰 more，表示“有待探索的内容”。故填 to explore。

第四部分 写作

第一节

One possible version:

Dear Ms. Smith,

I'm truly sorry for not submitting the English dubbing video of my favorite film on time. I feel really bad about this delay and appreciate you taking the time to check in with me.

Last week, I suddenly came down with a bad cold. The doctor advised me to rest for a few days to recover. Now I'm feeling much better, and plan to finish the dubbing and editing in the next two days. Would it be okay if I submit the video by the end of this Wednesday?

Apologize again for any inconvenience and thank you for your understanding.

Yours,

Li Hua

第二节

One possible version:

Mary tried her best to calm down and said, “Everyone, it's time to make a decision!” Hearing her words, everyone turned and looked at her. Taking a deep breath, Mary proposed a plan to determine the direction based on the landmarks observed before. Realizing making decisions means taking responsibilities, Mary gave others a firm stare. Although this decision was risky, the team chose to believe in

her and decided in full agreement to move forward according to her guidance. After hours of exhausting hike, they finally walked out of the fog and found the legendary secret camp.

This experience was like sunshine that brightened the dark in Mary's heart. Back at school, she volunteered to organize the autumn field trip — listing spots, asking classmates' ideas, and checking forecasts and so on. The

botanical garden trip she planned impressed everyone. At lunch, she no longer hesitated. Instead, she suggested new dishes to friends, who now turned to her for ideas. Mary learned to listen to her inner voice and also learned to seek help and advice from others when necessary, which enabled her to make significant progress in both academic and interpersonal relationships. Every challenge and attempt is a precious opportunity to discover and improve yourself.